

◆◆ CELEBRATING INDIGENOUS MILK MEDICINE WEEK 2026 ◆◆

HONORING OUR FIRST FOOD

◆◆ AN INDIGENOUS ◆◆
Milk Medicine
◆◆ CELEBRATION ◆◆

Join us as we gather to celebrate
Indigenous Milk Medicine Week, honor
our First Food, and celebrate the
traditions that have nourished our
people for generations.

SATURDAY, AUGUST 8, 2026
10:00 AM – 1:00 PM (CENTRAL)

TRIBAL GROUNDS
MA-CHIS LOWER CREEK
INDIAN TRIBE OF ALABAMA

ALL TRIBAL CITIZENS,
LOCAL FAMILIES AND
COMMUNITY SUPPORTERS
ARE WELCOME.

◆◆ *We keep the fires lit:* ◆◆
RISING THROUGH MILK MEDICINE



CELEBRATE

Indigenous traditions
and family wellness



HONOR

mother's milk
as our
first food



SHARE

stories and cultural
knowledge across
generations



LEARN

about breastfeeding
support and resources
available to
families today



STRENGTHEN

community connections
and cultural identity

◆◆ REFRESHMENTS WILL BE SERVED ◆ DOOR PRIZES ◆◆

HOSTED BY
Ma-Chis Lower Creek
Indian Tribe of Alabama

and



La Leche League
Wiregrass Community

◆◆ OUR TRADITIONS. OUR CHILDREN. OUR FUTURE. ◆◆